

## **SAFETY PLAN**

- Plan a safe place to go if you have to leave suddenly.
- Plan a primary and backup escape route out of your home.
- Arrange a signal with a trusted friend for when you need help.
- Hide an emergency bag of clothes, medications and important papers like birth certificates, Social Security cards, public assistance cards, protective orders, green cards, etc.
- Carry a fully-charged cell phone.
- Always carry your wallet with some cash, a few checks, bank account numbers and credit cards.
- Hide a set of house and car keys.
- Teach your children to call 911.
- Try to not leave without your children.
- Contact your local domestic violence program for support, to talk about safety planning and information on 24-hour safe shelter.

**If you are in  
immediate danger  
dial 911.**

**24-Hour Indiana Hotline  
1.800.332.7385  
TTY 800.787.3224**

**For a map of all domestic violence  
services in Indiana,  
visit [www.icadvinc.org](http://www.icadvinc.org)**

**For domestic violence  
and other human services in  
Central Indiana dial 211**



**Administration  
317.917.3685 or  
800.538.3393  
[www.icadvinc.org](http://www.icadvinc.org)**